

# Empowering Independence



**BY CONSUMERS FOR CONSUMERS**

As the premier provider of Consumer Directed Personal Assistance, we empower independence and advocate for people with disabilities, seniors and their families.

[cdchoices.org](https://cdchoices.org)

## ABOUT US

Consumer Directed Choices (CDChoices) is a Fiscal Intermediary providing payroll and program administration services to seniors and people with disabilities (Consumers) who employ consumer-directed Personal Assistant workers.

# CDChoices empowers Consumers who receive home care to enjoy greater flexibility and freedom of choice in obtaining services.

A private, nonprofit corporation headquartered in Albany, NY, CDChoices was founded in 1997 by a group of individuals with disabilities. The organization continues to be run by a diverse group of individuals with disabilities and by others who share the dream of changing the way home care service is delivered. CDChoices is an organization structured around self-determination – the fundamental principle that individuals should have the ability to determine their own care and thus, their lives, to the greatest extent possible.



## WHAT MAKES CDCHOICES A PREMIER NEW YORK STATE PROVIDER OF CDPA?

- ✓ 20+ years of experience empowering Consumers to live independently
- ✓ Superior customer service from trustworthy, knowledgeable, and responsive staff
- ✓ NYS CDPA leader for expertise, efficiency, and innovation
- ✓ 2019 Nonprofit of the Year

## WHY CHOOSE US?

- Consumer-driven care: **YOU** choose your Personal Assistants
- **YOU** have control & flexibility over YOUR schedule
- Competitive pay rates and bonuses for Personal Assistants
  - › **YOU** set your Personal Assistant's pay rate
  - › **YOU** can save for on-demand bonuses for your Personal Assistant

**WE EMPOWER YOU WITH THE RESOURCES TO BE EMPLOYERS, INCLUDING PEER MENTORING**

518-464-0810 • [cdchoices.org](http://cdchoices.org)

## TAKE ADVANTAGE OF SIGN-ON BONUSES FOR NEW PERSONAL ASSISTANTS

- ✓ **\$500 FOR FULL-TIME EMPLOYEES, \$250 FOR PART-TIME EMPLOYEES**

At Consumer Directed Choices, we recognize the difficulty of recruiting personal assistants during an ongoing home care worker shortage. While we continue to advocate for our consumers and caregivers, we also have a program to help you recruit new personal assistants:

**Recruitment Bonuses for New Hires!**



## Additional competitive benefits for Personal Assistants:

- › Weekly paychecks
- › Holiday premium pay
- › Overtime permitted
- › Paid training
- › Retirement plan
- › Paid time off
- › Health & dental insurance
- › Free annual health assessments



## ANSWER YES TO THESE 5 QUESTIONS,

and you're ready to enroll now for CDPA with CDChoices



Q1

Are you eligible for Medicaid?

Q2

Do you want to remain independent in your home?

Q3

Do you want control over who is providing your in-home care?

Q4

Do you want to offer your Personal Assistants competitive pay, and have higher recruitment and retention?

Q5

Are you ready to explore new services or Fiscal Intermediary provider opportunities?

## PROGRAMS & SERVICES

CDChoices provides Fiscal Intermediary services to the following consumer-directed community programs for Consumers to recruit, hire, train, supervise and, if necessary, terminate their own Personal Assistant workers:

- **Consumer Directed Personal Assistance (CDPA):** For Medicaid recipients in need of personal care, home health and nursing services.
- **Expanded In-Home Services for the Elderly Program (EISEP):** For seniors not eligible for services through Medicaid.
- **Respite:** Provides periodic relief to primary caregivers who care for someone with Alzheimer's disease or other dementias living in the community under the NYS Alzheimer's Caregiver Initiative (ACSI).

## HOW DOES CONSUMER DIRECTED PERSONAL ASSISTANCE WORK?



### RECEIVE YOUR EVALUATION

First, a practitioner through the Department of Health (DOH) and Maximus Health Services, Inc., contracted under the New York Independent Assessor (NYIA) will complete a home care evaluation and issue a practitioner's order required to authorize services.



### DETERMINE YOUR ELIGIBILITY

Your Local Department of Social Services or Managed Care Plan will determine if you are self-directing and how many hours of care you are eligible to receive. If you are not self-directing, a designated representative can direct your care.



### SELECT YOUR HOME CARE

Congratulations!  
You've decided that CDPA is right for you. Now choose a Fiscal Intermediary like CDChoices.



### CHOOSE YOUR ASSISTANTS

After you have completed the first three steps, it's time to recruit, hire and train the people you want to employ as your home care workers or Personal Assistants.

